

2019 US Sumo Open Athlete Information

EVENT LOCATION

WALTER PYRAMID
California State University Long Beach
1250 N Bellflower Boulevard
Long Beach, CA 90840

Parking is only \$9 for all day.

LODGING

Hotel Current, 5325 East Pacific Coast Highway, Long Beach, CA 90804 - free continental breakfast, heated pool, free Internet, free parking and free shuttle service (5-minute ride to the arena). **Call 800-990-9991 (or 562-597-1341), or e-mail to nia@hotelcurrent.com and mention "US SUMO OPEN" to get a discounted rate of \$129 (plus tax). Deadline to reserve is February 23, 2018.**

Full room options include: 2 double beds (\$129) or 1 king bed (\$129) or Suite (\$169). Tax is extra. With 2 or 3 people per room, the rate can be split, 2 or 3 ways.

SCHEDULE

Thursday, March 21, 2019	2 pm – 8 pm	WEIGH-INS
Friday, March 22, 2019	2 pm – 8 pm	WEIGH-INS

ALL ATHLETES MUST WEIGH IN DURING THESE TIMES! NO SATURDAY WEIGH-INS.

We will also have mats set up for part of each afternoon, so you can engage in informal training sessions, on-site.

Saturday, March 23, 2019

8:15 AM	All athletes must arrive at the venue.
8:45 AM	Athlete briefing
9:00 AM	Group photo: All athletes should have their mawashis on!
10:00 AM	Competition begins (Women's lightweight, middleweight, light heavy, heavyweight all matches)
10:45 PM	All preliminary rounds for Men's lightweight, middleweight, light heavy, heavyweight
12:30 PM	Intermission
1:00 PM	Official Opening Ceremony
1:30 PM	Men's lightweight, middleweight, light heavy, heavyweight final rounds
2:15 PM	Intermission
2:30 PM	Women's Openweight (single elimination, seeded based on earlier results)
2:45 PM	Men's Openweight (single elimination, seeded based on earlier results)
3:45 PM	Awards Ceremony
4:30 PM	Celebration (with food for all athletes) at the venue!!

NOTE: Schedule may be changed slightly in advance.

NOTE: Depending on bracket sizes, some start times might be earlier, so BE READY!

INTERNATIONAL WEIGHT CLASSES

Women's Lightweight: up to 65 kg (~143 lbs)	Men's Lightweight: up to 85 kg (~188 lbs)
Women's Middleweight: up to 73 kg (~161 lbs)	Men's Middleweight: up to 100 kg (~221 lbs)
Women's Light Heavy: up to 80 kg (~177 lbs)	Men's Light Heavy: up to 115 kg (~254 lbs)
Women's Heavyweight: over 80 kg (~177 lbs)	Men's Heavyweight: over 115 kg (~254 lbs)

KEY INFORMATION

- Weigh-ins will be strictly monitored. Any athlete who is over the weight limit will compete in the next higher weight class. Weigh-ins will be conducted on Thursday, March 21 and Friday, March 22 only. All athletes must weigh-in on those dates. No Saturday weigh-ins will be held, no exceptions.
- All athletes are eligible to compete in **BOTH** their own weight class and also in Openweight. For example, a Middleweight competitor can compete in both Middleweight and Openweight.
- All athletes must arrive at the venue on time, per times listed above. Anyone who shows up late may be eliminated from the competition. Contact director@usasumo.com or call 310-617-9641, with questions.
- In order to compete, US citizens must be members of the US Sumo Federation, which entails completing a Membership Application and paying the \$20 annual fee. This must be done no later than March 22, 2019. We do not handle same-day membership applications.
- The US Sumo Open, sanctioned by the US Sumo Federation (USSF) is a steroid-free amateur athletic competition, in compliance with standards of the International Sumo Federation (ISF), the International Olympic Committee (IOC), and WADA (World Anti-Doping Association). By competing in the US Sumo Open, you agree to follow the guidelines and mandates of the ISF, and refrain from taking any banned substances, per ISF, IOC, and WADA requirements. Doping testing may be held at the US Sumo Open.
- All athletes must wear approved, official “mawashis” (sumo belts). New mawashis from Japan will be available for sale, at weigh-ins. NO LOGOS on mawashis, without approval. Any garments worn under the mawashi must be all black, with no logos or visible writing.
- The venue (Walter Pyramid) has locker rooms, complete with showers and other amenities. Please bring your own towel.

PRIZES

Updated information on cash prizes will be confirmed soon. At least \$2,400+ will be available for top performers, in addition to sponsor gifts and other bonuses.